

Contemplation – Intercession – Action

It's 101 ascetical guidance to make use of spiritual practices that help us ground our action in other elements of the Christian Life—Underhill's understanding that our service needs rise out of adoration and awe; the Christian Life Model that assumes our action needs be in the context of worship and doctrine.

Here's an ascetical model that may be of use. It assumes that our action best rises from contemplation and intercession. Contemplation bringing us into a fuller understanding of things and intercession taking us out of ourselves

